

## Spring Awakening

“The greater the tension between the pairs of opposites, the greater will be the energy that comes from them; and the greater the energy, the stronger will be its constellating, attracting power.”

—Carl Gustav Jung,

*The Structure and Dynamics of the Psyche*

Modernism is a promise of health—of both a literal and symbolic nature—to which the movement’s architectural structures, light, hygiene, and clarity of form are all in service. Here we find ourselves in the golden age of the modern sanatorium, where the body was to recover harmony through rhythm, proportion, and discipline. The spring edition of *The Lifery* unveils the modernist promise of renewal—and its shadow.

Between the light of the loggia and the corridor’s penumbra, subtle structures of surveillance expose bodies to an experiment in which movement meets stillness, and health helixes with illness, activity with rest, and discipline with freedom. This is a space inscribed with tension, ambivalence, and mechanisms of control.

From such conflict, an awakening is born. This spring, *The Lifery* invites us to experience a threshold state in which tension does not demand resolution and transformation beckons.

**THE EXHIBITION DOUBLES AS A PORTAL TO RAB-  
KA-ZDRÓJ—NOT SO MUCH A RECONSTRUCTION OF THE  
PLACE AS A PASSAGE INTO ITS ATMOSPHERE, IN WHICH  
THE PROVISION OF LIGHT, AIR, AND ORDER IS BOUND UP  
WITH ILLNESS, CHILDHOOD CONVALESCENCE, AND THE  
DISCIPLINE OF REGIMENTED TREATMENT.**